

# COMMERCIAL MOTOR VEHICLE: POLICIES AND PROCEDURES

## What Would Cosmo Do?



### *Cosmo meets all driving requirements* **Random Drug and Alcohol Screening**

- All CMV Drivers are entered into a random drug and alcohol screening and a percentage will be selected each quarter
- All Non-CDL drivers will be entered into a separate testing database and 10 individuals each quarter are randomly selected

#### IF SELECTED:

- The driver must report to an Intermountain Health Care WorkMed clinic within two hours of being notified.

### **DOT Medical Card**

- Prior to driving, all CMV drivers must complete a DOT medical physical. Upon passing, the driver will obtain a DOT medical card
- The DOT Medical Card expires two years from the date of issue
- Drivers may not drive until RMS receives results from the medical physical
- All physicals and related testing must be completed at Intermountain Health Care WorkMed clinic

### **CMV Practical Exam and Certification Card**

- Before being awarded a BYU non-CDL Truck Driving Training Card, the practical examination must be completed
- The practical is conducted by a Competent Person designated by RMS and shall not last longer than 30 minutes

#### SIGN UP INCLUDES:

- Contacting your department's Designated Competent Administrative Person or calling RMS

**37,133 lives lost on America's roadways in 34,247 fatal motor vehicle crashes**

<https://www.fmcsa.dot.gov/safety/data-and-statistics/2018-cmv-traffic-safety-fact-sheet>

**49 CFR Parts 49, 40, 303, 325-399**



***Safety Is Everyone's  
Responsibility***

**BYU**

**Risk Management and Safety**

**RMB | 801-422-4468**