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LADDER SAFETY

What Would Cosmo Do?



Before Using Ladder:

- Inspect ladder for damage, if damaged, do not use
- Read and follow all ladder labels

While Ladder is in Use:

- It is not moved, shifted or extended while used
- Do not use top step of ladder



Cosmo uses ladders safely

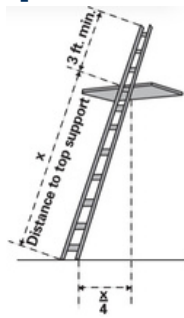
While Climbing Up or Down Ladder:

- No employee carries load that could cause imbalance or falling
- Only use on stable and level surfaces
- Employee faces ladder when going up or down
- 3-point contact maintained

How to Setup an Extension Ladder:

Proper angle is to place ladder base a quarter of the working length from the wall or other vertical surface

All locks must be properly engaged



It must be secured or a barricade must be erected to prevent displacement and to keep traffic away

Extended or straight ladder accessing elevated surface must extend at least 3 ft above point of support

The Don't of Using a Ladder

Don't use a stepladder as a straight ladder

Don't walk a ladder

Don't carry stuff in your hands

Don't climb on the back legs of ladder



Don't have more than one person on a ladder

All locks must be properly engaged

Don't straighten bent metal or fiberglass ladders

Improper ladder use causes 500,000 injuries and roughly 300 deaths annually. Ladder injuries cost \$24 billion in the U.S. every year.

<https://blogs.cdc.gov/niosh-science-blog/2017/03/13/ladder-safety-month/>

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Safety Is Everyone's Responsibility

BYU

Risk Management and Safety

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